

# Lake Mead WELLNESS CENTER

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*Hope, Healing, Growth*

Hello Valued Client,

With the concerns related to COVID-19, we would like to offer an alternative to in-office therapy sessions. If you are unable or uncomfortable with coming to the office but choose to continue therapy sessions, we are currently offering video conference sessions via VSee and Secure Video Conferencing, which are HIPAA compliant platforms. Some or all of which may be protected health information as defined by the federal Health Insurance Portability & Accountability Act (HIPAA) Privacy Rule. This is a convenient approach that can help to ensure your health and safety, while still accommodating to any mental health needs you have at this time.

If you are symptomatic or have come in contact with anyone who has COVID-19, we ask that you take advantage of these Telehealth services.

Additionally, if you are not symptomatic, and would like to continue with in-person sessions, The Lake Mead Wellness Center will request that any children who utilize measures outside of talk therapy (i.e. games, activities, sand tray, etc.), as well as any EMDR clients utilizing hand tappers, wash their hands both before and after each session. We will also be continuing to wipe down any and all play equipment, as well as EMDR hand tappers after each use, along with door handles and common areas.

If you wish to change a current appointment to a video session please contact your therapist. We will send you an addendum to your disclosure that will need to be signed prior to your session. You can access video sessions on your laptop or home computer via a link that will be sent to your email. If you wish to access them on your mobile devices (phone, iPad etc) you will need to download an app called VSee.

Please do not hesitate to reach out if you have questions or concerns,

Michelle Blakeley, Gabrielle Burton, Cheryl Davis, Mariano Codarini, Keith Stark

Lake Mead Wellness Center

[www.lakemeadwellnesscenter.org](http://www.lakemeadwellnesscenter.org)

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